Alden Food Pantry

Soon it will be spring and are we looking for good news. Please work with us as we try something new.

The Iowa Food Bank suggested that we have people drive up and we give them already bagged up items. We want our clients to get what they need and want, so we are going to give them a form at the door to fill out in their car. After completing the form and bringing back to the door, they will return to their cars and wait for their items to be ready. They will get a cart at the door with their items. We need to wipe down any carts that they use before another client can be served. We hope people will work with us so no one comes in the building and they can still get what they can use.

We want to thank every individual, business and church that has supported us in the past.

Churches: Lee Center and Morgan Churches Bradford, Alden UMC, St. Paul’s Lutheran Church Alden, St Paul’s Lutheran Church Williams, St Paul’s Lutheran Ladies Aid Alden, St Paul’s Lutheran Buckeye, Pastor Jordons Christmas Project Alden UMC, St Paul’s Lutheran Ladies Aid Buckeye, and St Mary’s Catholic Church Williams.

Businesses: Centrum Farms, Alden Community Fund, Central Iowa Fabrication, Alden Casey’s, Walmart, Green Belt Bank and Trust Co., Summitt Farms, Church Women’s United, Alden Elementary School, HyVee, Amour Eckrich, and Alden Fall Festival.

Individuals: Ron Gehrke, Julie Lycke, Raymond Moore, Bret and Karen Terveer, Pat Kielmeier, Darlene Hulbert, Duane and Lavonne Hoversten, Janet Grandgeorge, Erik Cleveland Jr., Eva Miller, Derik Jaeger, Dave and Cheryl Pickering, Betty Thomas, Theresa Williams-Dennis, Christine Slauson, Gene Clouse, Jo French, Josh Oerkfitz, Marlena Feauto and Minnie Cramer.

We could not run smoothly without these churches, businesses and individuals.

We have on change to our board. Cheryl Tordoff has been on the board a long time. She worked with the pantry since it was at the city hall. She has moved to Cedar Ridge in Iowa Falls and does not want to drive to Alden. We want to give her a big “thank you”!

The Alden Food Pantry is an Equal Opportunity Provider
Dates closed:
May 25, 2020

LIBRARY HOURS
MONDAY
12:30PM — 6 PM
TUESDAY
12:30 PM — 5:30 PM
WEDNESDAY
12:30 PM — 6 PM
THURSDAY
12:30 PM — 5:30 PM
FRIDAY
9:30 PM — 5:30 PM
SATURDAY
9 AM — 12 PM
SUNDAY
CLOSED

Follow us on social media

Adult Game Day at the Library
March 6, April 3 & May 1 at 1pm

ALDEN PUBLIC LIBRARY
TUESDAYS & THURSDAYS
1:30-2:15

SENIOR FITNESS WITH GERIFIT
Free and no registration required.
Must sign waiver to participate. Drop in and try a class!
When the library re-opens

#StopTheSpread
Physical distancing slows down the spread of the coronavirus, which keeps our resources available to those in need.
SOURCE: WHO
Did You Know?

You can borrow ebooks from our library and send them to your Kindle.

Borrow ebooks, audiobooks & magazines, all in one app!

Libby.

The digital library is always open.

Read on Libby.
The one-tap reading app from our library.

NEW SUMMER HOURS FOR 2020

Mondays 9:30-4
Tuesdays 9:30-4
Wednesdays 12:30-6
Thursdays 9:30-4
Fridays 9-1
Saturdays 9-12

Summer hours will begin June 1st - August 15th

Get more information about COVID 19:

- Centers for Disease Control and Prevention at CDC.gov/coronavirus
- Call 211, the Iowa Department of Public Health’s hotline, which is available 24/7
- Iowa Department of Public Health https://idph.iowa.gov/
- Unemployment benefits online https://www.iowaworkforcedevelopment.gov/lead Claim Unlimited-insurance-benefits

THE LIBRARY IS CLOSED UNTIL FURTHER NOTICE

IF YOU HAVE ANY QUESTIONS, PLEASE EMAIL DIRECTOROALDENLIBRARY.ORG OR CALL 515-859-3820

DR. GRACE O. DOANE ALDEN PUBLIC LIBRARY
Covid-19 is having a big impact on the lives of all of us. During this difficult time, we at Alden Elementary are doing what we can to support our students and families.

**School Facility Access** - We will be shutting down the school for all events, meetings, gatherings, youth practices, etc. during this time.

**School Field Trips** - We will be cancelling all field trips for the remainder of this school year. Missing out on four weeks of instructional time will make every day even more valuable when we return from this extended closure.

**School Lunch** - We are offering our Free School Lunch program (similar to summer lunch program) every weekday during our shutdown. Any child between the ages of 1 and 18 can take advantage of this program. Lunches will be packaged for a Grab-and-Go style meal. We will stop at four locations in our communities every weekday from March 18th until April 9th. Meals will be delivered in a school vehicle to each location. Look for our large white Iowa Falls School Food Truck and/or a school car. The daily schedule will be:

- Julia O'Neal - 10:30-10:50am
- Rock Run - 11:00 - 11:20am
- Pineview - 11:30 - 11:50am
- Alden - 12:10 - 12:30pm

**Communication** - The Administrative Team will provide a weekly update during this closure. This is an ever-changing and unprecedented situation that we are working through to the best of our ability. We appreciate all of the support and understanding that you have shown through the early stages of this situation. Your continued patience and understanding is appreciated. Continue to stay informed about school happenings by “Like”ing the Alden Elementary School page on Facebook or you can follow @AldenElementary or #AldenPride on Twitter.

**Tentative dates for the remainder of the school year:**
- April 13- School Resumes
- April 14- Alden School Board Meeting 6:30 PM
- April 22- Leadership Notebooks and Habits at Home sent home
- April 30- 5th Grade Band Performs in Rock Run Spring Concert at IFA High School 7:00 PM
- May 12- Alden Spring Concert 6:00 PM
- May 15- Alden Elementary Dental Parade/Field Day 12:30 PM
- May 18- Alden School Board Meeting 6:30 PM
- May 21- 6th Grade Band performs in RMS Concert at IFA High School 6:15 PM
- May 22- Alden Elementary UnTalent Show 8:40 AM
- May 22- Last Day of School for Preschool Students
- May 25- No School- Memorial Day
- May 27- Last Day of School for K-6 grade Students
As we continue to provide resources for our communities, please feel free to utilize or spread the word about the following resources. They are available to the public at no charge. Though a few of the programs are highlighted below, please note the plethora of topics available at the web link provided.  https://www.extension.iastate.edu/4h/4h-at-home-learning-resources

The Iowa 4-H product team has curated a wide variety of youth-led learning resources that are available for at-home learning. All of the resources below are publicly available for you and your family to use. Our goal is to provide resources that young people can use to stay engaged in learning while out of school.

Highlighted Programs

· **Crops Feed the World** online lessons cover a variety of science and agriculture topics. These interactive online lessons feature videos, quizzes, and activities. Aimed at youth in grades 4-12, youth can do the online lessons on their own or with an adult. These free lessons are available online at https://moodle.extension.iastate.edu/ under “4-H courses”. All you need is an email address so you can set up a free account. Each lesson also has directions for hands-on activities. Check out this video with directions for doing a seed dissection experiment. All you need is water, a few seeds, and a paper towel. https://www.youtube.com/watch?v=FT0i_hJrv7s

· **Animal U** is a new and innovative online learning tool to engage youth in learning about the science behind livestock production. Currently, there are 87 lessons in beef, swine, and careers that youth may access at any time. There are certificates that youth can earn for completion of a specie. More lessons are continually being created and will be posted as soon as they are ready. Animal U can be accessed at https://www.extension.iastate.edu/animalu/

Bobbi Finarty | Hardin County
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Extension Director
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(641) 648-4850 or bfinarty@iastate.edu

Alden United Methodist Church

The Ham Ball Dinner scheduled for April 19th has been postponed.

The date will be decided and published at a later date regarding the Ham Ball Dinner.
All children are born with a unique temperament. Some will be more sensitive to scary news stories or worrisome about their safety and the safety of their loved ones, says Malisa Rader, a family life program specialist with Iowa State University Extension and Outreach.

“We need to be mindful of what we are watching and discussing when small ears are around,” Rader said, “while also making sure we take time to listen and pick up on cues our child might be sending us. A change in behavior like clinginess or crying might be a signal that your child is anxious over recent disturbing events in the news.”

Parents, teachers and caregivers can help children that are feeling distressed about safety cope with their fears, Rader said. She recommends the following actions:

**Keep regular routines.** Stick to your normal schedule and events. Children take comfort in predictable daily activities like dinner at the kitchen table and bedtime rituals. Knowing what will happen provides a feeling of security.

**Watch your emotions.** Parents everywhere are shocked and saddened when children are victims of a tragic event. Children that are sensitive to emotions can pick up on this and become concerned for their own safety or the safety of others. When adults maintain a calm and optimistic attitude, children will also.

**Have conversations with your child.** Find out what your child knows and what questions he or she would like answered. Young children might express themselves through drawing or in their play. Provide reassurance, clear up any misconceptions and point out to your child the many helpful people in emergency events like law enforcement and medical professionals. Talk with your child about what is happening to make him or her safe at home, school or in the neighborhood.

**Limit your TV viewing.** Monitor what is on the television set and for how long. Young children may not understand that scenes repeating on news stations are all the same event. Choose a favorite video to maintain better control over what is viewed by your children.

**Find healthy ways to deal with feelings.** Taking a walk together, reading a favorite book, or playing a board game can be comforting to both you and your child.

**Take action.** If your child continues to show concern, he or she may be feeling a loss of control. Doing something such as sending a donation or writing a letter can help bring back a sense of power and help your child feel a part of the response.

**Seek professional advice if needed.** If your child shows symptoms of distress such as a change in appetite or sleep patterns, speak with your child’s physician or a mental health professional. You can also contact ISU Extension and Outreach’s Iowa Concern hotline at 1-800-447-1985.

Malisa Rader is an ISU Extension Human Sciences Specialist housed in the Hamilton County Office. Her education and experiences in the field of early childhood and parenting education have developed her passion to empower and strengthen the well-being of children, families, and the communities in which they live. You can reach her at (515) 708-0622 or mrader@iastate.edu.
Iowa State University Extension—Hardin County Adjusts Services Due To COVID-19 Situation

For Immediate Release March 17, 2020

Iowa Falls, Iowa – Iowa State University Extension and Outreach’s Hardin County office will continue to serve the public during the coronavirus situation. The office will adjust its public lobby hours, but will continue to offer essential services to its clients and community members.

Hardin County Extension will continue to staff its office Monday through Friday, 8:00 AM -4:30 PM. The office is closed from Noon to 12:30 PM daily. The office lobby will be closed to the public beginning Wednesday, March 18, through Monday, April 6. Phone calls and emails are still welcome. Staff will be flexing work hours to accommodate working remotely as needed. If you would like to contact the office, please call (641) 648-4850 or email xhardin@iastate.edu.

Certification programming for Iowa Department of Agriculture and Land Stewardship programs may be accessed online or has been rescheduled through early April as well. Please call with individual questions. All 4-H programming, meetings, and outside agency meetings have been cancelled, postponed, or will be held on virtual formats.

Hardin County extension will continue to offer free wi-fi to the community during this time. Users may access the EXTENSION GUESTS network from the parking lot by agreeing to the terms of use when choosing that network.

Iowa State University Extension and Outreach hotline numbers will also remain active during this time. The Answer Line is available by calling (515) 296-5883 or in Iowa at (800) 262-3804. The Iowa Concern hotline is available by calling (800) 447-1985.

Contact: Bobbi Finarty, Hardin County Extension Director, (641) 648-4850, bfinarty@iastate.edu

ATTENTION ALDEN RESIDENTS!

FLUSH-ABLE WIPES ARE NOT TO BE FLUSHED INTO THE SANITARY SEWER SYSTEM. THEY WILL SHUT DOWN SEWAGE PUMP LIFT STATION AND SEWAGE WILL BACK UP INTO YOUR BASEMENTS. DO NOT FLUSH ANY TYPE OF WIPES INTO THE SYSTEM! THE CITY IS ONCE AGAIN HAVING TO REPAIR PUMPS DUE TO THIS ACTIVITY.

This picture is an example of what can happen from another city.
NUMBERS TO KNOW

City Hall 515-859-3344
Jeff Fiscus (Mayor)
641-751-0052
Eric Eugenio 641-373-6423
Andy Jass 641-373-6422

City Hall Hours
M-Th 8-12, 1-5
Fri 8-12

Alden Library 515-859-3820
School Year Hours
M, W 12:30-6
T, Th 12:30-5:30
F 9:30-5:30
S 9-12
Summer Hours
M, T, Th 9:30-4
W 12:30-6
F 9-1, S 9-12

Council Members:
Janaan Harding
Robert Hoversten
Jerry Hartema
Michael Oliver
Mark Oliver

Hardin County Sheriff
Emergency 911
Non-Emergency 641-939-8190

Churches
St. Paul Lutheran
515-859-3901
United Church of Christ
515-859-7259
United Methodist Church
515-859-7338

Alden Food Pantry
Board Members
Linda Lisle 515-859-75121 or 515-689-1164
Betty Thomas 515-859-7394 or 515-290-5684
Pat Kielsmeier 515-859-7827
Nancy McKinley 515-859-7396
Charlene Wilke 515-859-7262
Lavonne Hoversten 515-859-7564
Barb Jass 641-425-6644
Susan Essing 515-460-2454
Janet Grandgeorge 515-859-3036

ALDEN DAYS
June 19th-20th

IOWA’S RIDE

Alden will be a lunch stop on Wednesday, July 15th for bikers on the Iowa’s Ride.

RAGBRAI

Alden will be the last “pass through” town on the RAGBRAI route on Tuesday, July 21st. Volunteers may be needed on Monday (setup) Tuesday for the ride and Wednesday for clean up.

Closing of Alden Buildings due to COVID 19

Alden Public Library is currently closed to the public. Staff will be checking emails and answering machines. There will be no rentals during this time. We anticipate the library to be closed as long as the schools remain closed.

Alden City Hall Please call before coming in as most business can be conducted over the phone and payments are accepted in the drop box. The City Hall front door will be locked and hours may vary during this time.

Alden Food Pantry is asking that those in need do NOT enter the building. They will be handing out forms at the door to meet your needs. See article on front page.

No Wipes Down the Pipes

Even if a product says it is “flushable”...
Unless it is toilet paper, it should not be flushed!
- Diapers (including cloth, cotton, disposable, or plastic)
- Flushable, disposable, cleaning, or baby wipes
- Paper towels, cloth towels, or any type of rag
- Feminine hygiene products
- Facial Tissue